

## Now cancer is in the room

I do best one-on-one I'm what I call a one-on-one person. I have, and thrive on, deep connections, honest raw

conversations. Delving into what matters. Laughing about the darkness too. Sure, I can work in a group setting but for the most part, like 98%, it is not my first choice.

But now, someone else is in the room and I did not invite them. I did not even subtly welcome them. I am positive I never unlocked the door

let alone left it ajar. It's not my way. I am careful with doors and locks. I learned young to barricade doorways, my feeble attempt to keep people out. I was always on alert for intruders even if they were my caregivers.

And since, I've always locked the door to our home.

We live in the middle of nowhere. Far down a country road in the woods. I'm sure

most of my neighbors and many of my friends never do. But from a childhood of terror and a young adulthood of criminal break-ins. I don't take chances. Chances are for those naïve to my experiences. And this time, I don't see how they slithered in. I don't. I'd never allow for that. Yet, before I knew it,

before I was able to brace, prepare, hide, or protect they were inside, getting all comfy without permission. Ok, I admit, we did go to the ER...not

by calling 911 bough—it wasn't like we alerted anyone—giving them an opportunity to sneak in. We did. however head out in the middle of the night. We found our way there, not a single car was on the road.

There were no headlights blinding us even for a brief moment.

Going to find help for relentless pain and we did find it. But in the finding, we seemed to have opened the door to one we did not wish to meet, ever, And now. no matter where we sit—car. couch, chairs, even the bed or what we eat or how we move—they are here.

A harsh unwanted presence peering over our shoulders. Making dark sweat marks on the tweed couch, imprinting it with an unfamiliar stench.

And I am odor sensitive too! I did not, nor never would. invite them.

They want to grow, take over, take you over, to fill you. But then where does that leave me? I did not marry them.

I did all I could to stay away from their kind the manipulative bottom feeders. Those that suck

the life literally from you. I did my best to not feed them.

But neither my best, nor yours, was good enough. Now we need to learn how to be a threesome.

and like I mentioned before, I am not that type.

— Debra Kiva