



# 2023 Helen H. Glaser Student Essay Award

**Purpose:** To encourage medical students to write scholarly essays or creative narratives relevant to medicine. Winning essays will be published in the Autumn issue of *The Pharos*.

**The Award:** Cash awards of \$1,500 for first place; \$1,000 for second place; and \$850 for third place.

**Eligibility:** Authors must be enrolled in medical schools that have an active AΩA Chapter or Association but need not be members of AΩA. However, if the author is an AΩA member, he/she must have active dues status. Only one entry per student may be submitted.

**Dates:** Entries must be submitted using the online form on the AΩA website no later than **March 7, 2023**. Winners will be announced **June 16, 2023**.

## **Requirements:**

1. Essays must be written while the student is in medical school, must be the work of a single author, and must be an original work. The essay must not be offered to, or published by, any other journal or entered in any other contest prior to submission or during, the AΩA selection process.
2. The essay must be related to medicine.
3. Essays should not be fictional or written in first person, but academic/scientific in theme.
4. The essay must not exceed 15 double-spaced pages of 12-point type with minimum 1-inch margins, exclusive of reference listing. The author's name and essay title must be on each page, and all pages must be numbered.
5. Unique references, numbered consecutively, should be limited to 20. (Reference citation of a website is not acceptable unless a site is the sole source of the information or has official academic credentials. Examples of acceptable sites are official government web pages such as that of the National Institutes of Health.)
6. The Pharos Editorial Board suggests that authors review George Orwell's "6 Rules for Writing".
7. Essays that are not selected as award recipients may be submitted to other contests/publications after the winners are announced on June 16, 2023.
8. Essays not meeting all requirements will not be considered.

**Questions should be directed to** Libby Appel at 720-859-4149, or [studentessay@alphaomegaalpha.org](mailto:studentessay@alphaomegaalpha.org).

All AΩA awards, fellowships, grants, and program submissions must be electronically submitted through the appropriate page on the AΩA website.